Southern Maine Medical Center
MaineHealth
One Medical Center Drive
P.O. Box 626
Biddeford, ME 04005-0626
(207) 283-7000

Post-Operative Orders

Podiatry – Dr. Micca

1. Admit to ACU

2. Monitor VS per ACU protocol with neurovascular checks

3. Elevate Right Left foot on two pillows

4. _____ Physical Therapy consult for _____ Crutch walk training
   _____ Walker training
   _____ Stairs training

5. Elevate / Ice / Cryocuff to: R L foot

6. Diet: Increase to regular as tolerated

7. Pain Medication Orders:
   _____ Oxycodone 5 mg, 1-2 PO every 4 hours as needed for pain
   _____ Oxycontin 10mg PO every 12 hours
   _____ Hydrocodone 5 mg/Acetaminophen 500 mg, 1-2 PO every 4 hours as needed for pain
   _____ Morphine Sulfate 3-4 mg IV every 1-2 hours as needed for pain
   _____ Senokot-S, 2 PO twice a day, withhold for loose stools
   _____ Acetaminophen 325 mg, 2 PO every six hours
   _____ Vicodin ES, 1-2 PO every 4 hours as needed for pain

8. Weight bearing status: _____ partial WB R L w/ surgical shoe
   _____ NWB R L w/ crutches

9. D/C IV per ACU protocol

10. Discharge patient when ACU protocol met

Physician Signature: _____ **Date**: _____ **Time**: _____