

Total Joint Replacement Class



*After attending this class,
patients have reported they
are better prepared for surgery.*

Optimize your recovery by learning:

- ▶ pre-operative planning;
- ▶ what to expect during your hospital stay;
- ▶ post-surgical care;
- ▶ how to improve your healing once home; and
- ▶ types of equipment you may need.



2012 Schedule

Classes are held at SMMC in the 2nd floor classrooms.

January 3	1:00-2:30	May 1	1:00-2:30	September 4	1:00-2:30
January 17	4:00-5:30	May 15	4:00-5:30	September 18	4:00-5:30
February 7	1:00-2:30	June 5	1:00-2:30	October 2	1:00-2:30
February 21	4:00-5:30	June 19	4:00-5:30	October 16	4:00-5:30
March 6	1:00-2:30	July 3	1:00-2:30	November 6	1:00-2:30
March 20	4:00-5:30	July 17	4:00-5:30	November 20	4:00-5:30
April 3	1:00-2:30	August 7	1:00-2:30	December 4	1:00-2:30
April 17	4:00-5:30	August 21	4:00-5:30	December 18	4:00-5:30

*Registration is required by calling **283-1126**.*